HESS
SPINE & ORTHOPEDICS

J. STACY DINKINS, DO
BOARD CERTIFIED
ORTHO SPINE AND EXTREMITY SURGEON

EDUCATION
MEDICAL
Michigan State University College of Osteopathic Medicine 1998
FELLOWSHIP
St. Joseph Medical Center-Towson, MD
RESIDENCY
McLaren Oakland Medical Center-GME Office
CERTIFICATIONS
American Osteopathic Board of Orthopedic Surgery - Orthopedic Surgery

LOCATIONS:
1250 Waters Place #903, Bronx, NY 10461
119 W 57th Street #717, New York, NY 10019
95-27 Jamaica Avenue, Woodhaven, NY 11421

COMMON PROCEDURES PERFORMED
- Minimally invasive and open discectomy with and without fusion
- Facet block, ablation, fusion
- Microdiscectomy
- Laser Ablation
- SI Joint Fusions
- Total Disc Replacements
- Laminectomy/Discectomy
- Lumbar Interbody Fusion
- ACDF Anterior Cervical Discectomy and Fusion
- Shoulder Arthroscopy | Rotator Cuff Repair
- Knee Arthroscopy | Meniscus and Ligament Repairs
- Joint Replacements

ABOUT DR. DINKINS
Originally from Macon, Georgia, Dr. Dinkins completed his undergraduate degree from Rutgers University before entering the United States Air Force in 1984 where he served active duty for 10 years, rising to the rank of Lt Colonel.

During his Air Force career, he earned a master's degree in systems management from St Mary's University in San Antonio, Texas.

He received his doctorate degree and completed a residency in orthopedic surgery from Michigan State University College of Osteopathic Medicine while serving 9 years in the Michigan Air National Guard.

Following his military career, Dr. Dinkins successfully completed his fellowship with the Maryland Spinal Reconstructive Surgery Fellowship program at the St Joseph Medical Center, following the tradition of distinguished spine surgeons of The John Hopkins Hospital in Baltimore, Maryland. Dr. Dinkins is board certified by the American Osteopathic Board of Orthopedic Surgery.